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SKIN CARE HISTORY AND OPPORTUNITIES

Date: _____

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Text pages: 2–17

TOPIC 1: THE HISTORY OF GROOMING AND SKIN CARE

1. In ancient times, people around the world used pigments on their hair, skin, and nails made from materials such as (berries), (tree bark), (minerals), (insects), (nuts), (herbs), (leaves).
2. Who were the first people to use distillation to extract essential oils? (Egyptians).
3. From what language do the words *cosmetics* and *cosmetology* come? (Greek).
4. Cold cream was made more stable in the early twentieth century when natural vegetable oil was replaced with (mineral oil).
5. The (Romans) are most famous for their public baths.
6. The period in European history between classical antiquity and the Renaissance is called (the Middle Ages).
7. One of the most austere periods in history, during which the use of makeup was discouraged, spanned the reign of (Queen Victoria).
8. Women during the 1920s were influenced in their hairstyles and makeup by (stars of silent films).
9. In the 1970s and 1980s, there was a new surge of interest in (scientific skin care).
10. During the last two decades of the twentieth century, (spas) sprang up all over the country, featuring services that integrated beauty and wellness.

RAPID REVIEW TEST

Date: _____

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Insert the correct term in the space provided.

aromatics

henna

nutriceuticals

cold cream

kohl

techniceuticals

cosmeceuticals

kosmetikos

vermillion

full-service salon

1. Ancient Egyptians used (kohl), a metallic substance related to arsenic and tin, as eye makeup.
2. (Henna) is a dye derived from the mignonette tree and used to tint the hair.
3. Frankincense, myrrh, cinnamon, and rosemary, which are (aromatics), were used by the Hebrews in anointing and healing the sick.
4. The words *cosmetics* and *cosmetology* are derived from the word (kosmetikos).
5. The first modern cosmetic compound is considered to be (cold cream).
6. The brilliant red pigment used by Greek women to color their cheeks and lips is called (vermillion).
7. A (full-service salon) offers hair care, hairstyling, and a full range of grooming and beauty services.
8. Cosmetics with therapeutic properties are called (cosmeceuticals).
9. Internal supplements that aid the health of the skin from the inside are (nutriceuticals).
10. Anti-aging procedures such as microdermabrasion are called (techniceuticals).

TOPIC 2: CAREER OPPORTUNITIES

1. What is the meaning of the word *esthetics*? (Esthetics is a branch of anatomical science that deals with the overall health and well-being of the skin.)
2. Estheticians offer skin care treatments and sell cosmetics but cannot (prescribe medication) or (give medical treatments).

3. Name five responsibilities of an esthetician in a cosmetic surgeon's office:
 - a) (managing retail center)
 - b) (performing routine and pre- and postoperative treatments)
 - c) (applying corrective makeup)
 - d) (educating patients)
 - e) (marketing)

4. Name five responsibilities of an esthetician in a dermatologist's office:
 - a) (assisting in research and clinical studies)
 - b) (cleansing or preparing patients for advanced peels)
 - c) (performing routine facials)
 - d) (performing extractions)
 - e) (performing microdermabrasions)

5. Spider vein removal, hair reduction, and wrinkle treatments are performed in a (laser center).

6. Manufacturers of cosmetics often hire (representatives) to call on salons or stores to sell products and build clientele.

7. Cosmetics (buyers) work for department stores, salons, or specialty businesses and travel frequently to trade shows and manufacturers' showrooms.

8. Educators may teach esthetics in (public), (vocational), (industrial), or (technical) high schools.

9. The decade in which modern esthetics came of age is considered to be the (1990s).

10. Skin care in general is becoming more (preventive) than corrective.

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Insert the correct term in the space provided.

baby boomers

medical esthetics

camouflage therapy

medi-spa

education directors

restorative art

esthetics

state board members

1. The branch of anatomical science dealing with the health and well-being of the skin is (esthetics).
2. The field that integrates surgical and esthetic treatments is called (medical esthetics).
3. The medical setting in which patients receive both spa services and surgical procedures is called a (medi-spa).
4. When you apply makeup to cover scars or congenital defects, you are performing (camouflage therapy).
5. A makeup artist who works in a mortuary is skilled at (restorative art).
6. Manufacturers often employ estheticians as (education directors), who conduct seminars and workshops, display products at conventions, and talk with teachers.
7. Licensing exams are conducted and licenses are granted by (state board members).
8. Americans born between 1946 and 1964 are known as (baby boomers).

